

## Coastal Landing 2018 Menu

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	Banana/Seasonal Fruit Cold Cereal Assorted Toast Oatmeal Scrambled Eggs Breakfast Ham	Banana/Seasonal Fruit Cold Cereal Assorted Toast Cream of Wheat Blueberry Muffin Fried Egg Home Fries	Banana/Seasonal Fruit Cold Cereal Assorted Toast Oatmeal Pancakes Sausage	Banana/Seasonal Fruit Cold Cereal Assorted Toast Cream of Wheat Choc Chip Muffin Hard Cooked Egg Fruit Cup	Banana/Seasonal Fruit Cold Cereal Assorted Toast Oatmeal French Toast Bacon	Banana/Seasonal Fruit Cold Cereal Assorted Toast Cream of Wheat Banana Muffin Breakfast Sandwich	Banana/ Seasonal Fruit Cold Cereal Assorted Toast Oatmeal Pancakes Shores only C.C. & pineapple
Soup	Tomato	Chicken Noodle	Italian Wedding Shores: Meatloaf	Cream of Asparagus	Fish Chowder	Cheddar broccoli	Minestrone
L U N C H	Pot roast/Gravy Mashed Potato Carrots Haddock Maranara Pasta Peas Pecan Pie	Chicken Marsala Wild Rice Oven Roasted Squash Pork Pie Grilled zucchini Roasted Red Potatoes Vanilla cake w/choc frosting	Filet Mignon Green Beans Mashed Potato Seafood mornay Baked sweet potato Spinach Berry Pie	Corned beef boiled Dinner Turkey jambalaya Bread Stick Roasted Veggie Tiramisu	Pork Roast w/gravy Stuffed w/apple Cran stuff & gravy Mashed potato Broccoli Spaghetti & Meatballs Corn Garlic Bread	Chicken Alfredo Fettuccini Roasted Veggies Seafood Risotto Green Beans Sweet Potato Boston Cream Pie	Red Hot dogs in frank roll Baked beans Brown bread Coleslaw S & S Chicken Rice Stir Fried Veggies. Bread pudding
Sandwiches	Ham & Cheese	Cornbeef & swiss	Tuna salad	Ham & Turkey Melt	Chocolate Cr. Pie Roast Beef & Cheese	Chicken Salad	Egg Salad
S U P P E R	Turkey Stew Biscuits Cranberry Sauce Cream Cheese Brownie	Shepards pie Dinner Roll Beets Snickerdoodle	French Toast Bacon/sausage Cottage cheese & pineapple Rice Pudding	Steak Tips/ OPM Egg Noodles Brussel Sprouts in cheese sauce White chocolate cranberry Cookies	Cheesy Hash Brown Casserole Biscuit Cauliflower Apple cake	Salisbury Steak Mushroom Sauce Mashed Potato Swiss Chard Lemon Bars	Hot Turkey Sandwiches Cranberry Sauci Stuffing Beets Chocolate cooki